

# Golden Life™



## Be a SUPERMAN!

### **Kamasotra®**



Improves sexual function, strength and endurance

30 Capsules



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## Indications

- Increases libido and improves sexual function
- Promotes stamina and endurance
- Improves energy levels
- Supports immune system

## Korean ginseng

It belongs to family Aralaceae. The main active component in Ginseng consists of the ginsenosides. For many years, Panax ginseng has enjoyed a reputation as one of the finest aphrodisiacs in the world. As the neurotransmitter inducing penile erection, NO release was shown to be enhanced by ginseng in rabbit corpus cavernosum (CC). It is postulated that the ginseng-enhanced release of NO from endothelial cells, may partly account for the aphrodisiac effect of this herb. It could be effective in erectile dysfunction. Other uses of Panax ginseng include: Stimulant and tonic, improves mental performance and Cognitive function, antineoplastic, antioxidant, antiplatelet and antiviral.

## Siberian ginseng

This herb seems to have constitutes of minerals that enhance libido. It is an adaptogen as it helps in relieving stress by controlling the body's adrenal system. The herb is also used to reduce

fatigue and is popular for its capability to improve body stamina. The herb also contains estrogens so it can enhance libido in menopausal women.

## Contraindications

No contraindications have been reported to date. people with diabetes, high or low blood pressure, heart disease, lupus, rheumatoid arthritis, M.S, endometriosis, uterine fibroids, breast cancer, uterus cancer and ovary cancer should consult a physician before using.

## Pregnancy and Lactation

Pregnant or lactating women should consult a physician before using this product.

## Interaction

No interaction with other medicinal products has been reported to date.

patients who take warfarin, heparin, digoxin, anti platelet drugs, anti diabetes drugs, anti depressants drugs and NSAIDs drugs should consult a physician before using.

## Adverse effects

No adverse effects has been reported to date. Pure extract of ginseng may cause sleep disorders, headache, upset stomach, breast pain, anxiety, uterine bleeding,

Supplement Facts		
Composition per tablet		RDA%
Siberian ginseng	50 mg	*
Korean ginseng	166 mg	*

\*Recommended daily allowance (RDA) not Established.

## Presentation

30 Capsules

## Administration

Marketing Authorization Holder Darman Yab Darou  
Take one capsule daily with meal. (Golden Life) Australia

## References:

- PDR for herbal medicines by Joerg Gruenwald, ph.D
- Emilia nocerino, Marianna amato, The aphrodisiac and adaptogenic properties of ginseng, Fitoterapia 71 (2000) s1-s5.



Darman Yab Darou (P.J.S)  
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www.goldenlifehealth.com  
Contact No.: +98 21 87175303



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